

# ΦΟΡΕΑΣ ΔΙΑΣΦΑΛΙΣΗΣ ΚΑΙ ΠΙΣΤΟΠΟΙΗΣΗΣ ΤΗΣ ΠΟΙΟΤΗΤΑΣ ΤΗΣ ΑΝΩΤΕΡΗΣ ΕΚΠΑΙΔΕΎΣΗΣ CYQAA THE CYPRUS AGENCY OF QUALITY ASSURANCE AND ACCREDITATION IN HIGHER EDUCATION



Course Title	SPORT AND LEISURE MANAGEMENT			
Course Code	SSMAN104-1			
Course Type	MANDATORY			
Level	BSc (Level 1)			
Year / Semeste r	1st / Spring			
Teacher' s Name	Dr. Apostolia Dovoli			
ECTS	6 Lectures / week 1 (3hrs) Laboratories / week -			
Course Purpose	The course aims to analyze the basic and introductory principles of management and marketing and, through examples, apply them to sports and leisure services. The basic concepts of management and marketing will be analyzed to understand the competitive environment in which an organization operates and the strategic decisions that need to be taken to achieve its goals. By completing the courses students will be able to understand how the sports market works (or should work).			
Learning	Upon completion of the course, students are expected to:			
Outcom e s	Understand the Organizational Structure of Sports in Cyprus and the International Sports Industry			
	Analyze the Variables of the Internal and External Business     Environment of Sports Organizations			
	Understand the specifics of Sports Management			
	Design Sports Sponsorship Plans			
	Design business plans			
	Apply the Basic Principles of Marketing in Sports			
	Evaluate Sports Marketing Strategies			
	Critically approach the Governance of Sports Organizations			
	Apply the Human Resource Management Principles to Sports     Organizations considering their specific characteristics			



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	Understand trends in the International Sports Market		
Prerequi sites	No	Corequisites	No
Course Content	<ol> <li>Sports Product - Organisational Structure of Sports in Cyprus</li> <li>International Sports Industry</li> <li>Basic Principles of Sports Management</li> <li>Principles of Sports Marketing</li> <li>Sports Market Segmentation</li> <li>Internal and External Business Environment of Sports Organizations</li> <li>Consumer Behavior in Sports I</li> <li>Consumer Behavior in Sports II</li> <li>Sports Sponsorship</li> <li>Development of Business Plan Factors</li> <li>Leadership in Sports Organizations – Motivation in the Workplace</li> <li>Principles of Good Governance in Sports Organizations</li> <li>Presentation of group projects – Repetition of syllabus</li> </ol>		
Teachin g Methodo logy	Theory The teaching of the course includes lectures to provide the theoretical background. Detailed notes with PowerPoint and material rich in images and videos are used in teaching. Methods such as case studies, real scenarios, discussion, questions/answers are used in the teaching methodology depending on the nature of the course. In addition, workshops and site visits with hands-on experiences are provided to deliver the practical background of course content. Relevant material published in international scientific journals is also used to follow the latest developments related to the subject of the course.		
Bibliography	Εκδόσεις Κυριακίδη Α.Ε      Αλεξανδρής, Α Καταναλωτική Συμπερια     Alexandris, Κ., Behaviour in Sports. In     Ντοβόλη, Α., (3 Αθλητική Βιομηχανία: Λευκωσία: Βroken Hill Ε     Παπαδημητρίου Αθλητικών Οργανισμών	A., Ντοβόλη, Α., Καραγιώργος popά στον Αθλητισμό. Εκδόσεις Κυ Ntovoli, A., Polyakova, O., (2 Handbook of Sport Management. In 2021). Η Αγορά του Fitness. Στι Οργανισμοί, Επιχειρήσεις και Υ Publishers LTD. , Δ. & Αναγνωστόπουλος, Σ τ. Αθήνα: Εκδόσεις Μπένου. Chadwick, S. (2004). The Busine	c, Θ., (2024 In Press).  ριακίδη.  024 In press). Consumer  London: Routledge.  ο Ν. Θεοδωράκης (Επιμ.),  /πηρεσίες. (σελ. 228-259).  Κ., (2021). Διακυβέρνηση

## **Bibliographic references – Articles:**

- Karagiorgos, Th., Ntovoli, A., Balaska, P., Alexandris, K. (2023). Athens Marathon: The authentic IN Alexandris, K., Girginov, V., and Scherder, J., Running Events: Policies, Marketing and Impacts. London: Routledge.
- Alexandris, K., Karagiorgos, Th., Ntovoli, A. and Zourladani, S., (2021, in press). Using The Theories of Planned Behavior and Leisure Constraints to study Fitness Club Members' Intention to return to the Clubs with end of the Covid19 Lockdown, Leisure Studies, DOI: 10.1080/02614367.2021.1975802
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- Filo, K., Lock, D. & Karg, A. (2015) Sport and social media research: A review. *Sport Management Review*. [Online] 18 (2), 166–181. Available from: doi:10.1016/j.smr.2014.11.001.
- Joachim, G., Schulenkorf, N., Schlenker, K. & Frawley, S. (2019) Design thinking and sport for development: enhancing organizational innovation. *Managing Sport and Leisure*. [Online] 25 (3), 175–202. Available from: doi:10.1080/23750472.2019.1611471.
- Ströbel, T. & Germelmann, C.C. (2020) Exploring new routes within brand research in sport management: directions and methodological approaches. *European Sport Management Quarterly*. [Online] 20 (1), 1–9. Available from: doi:10.1080/16184742.2019.1706603.

## Assessm ent

### Continuous evaluation (50%):

The assessment shall include any combination of the following:

- Written and/or oral, (10%) consists of multiple-choice, short answer, openended questions and/or essay questions, which are aligned with the learning
  outcomes, to assess the theoretical knowledge acquired. The evaluation's
  content includes the specific characteristics of a sports product emphasizing
  problems and coping strategies. The questions ensure that students
  demonstrate a deep understanding of the subject and apply their knowledge to
  problem-solving or scenario analysis.
- The written literature review thesis (15%) provides an opportunity for students to apply their theoretical knowledge in a practical way where a review of scientific articles with 3-5 citations is required. The tasks are designed in a way that requires critical thinking, research, analysis, and synthesis of information.
- The use of problem-solving exercises (25%) to assess how students can apply theoretical knowledge in real-life situations. Students will be asked to create a



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	Project Business Plan with two-person teamwork on "Business Plan Design of a sports club – academy". Students are presented with scenarios that require analysis, critical thinking and application of theoretical contents and are evaluated based on their ability to make oral presentations, identify and evaluate relevant information, propose solutions and justify their choices.
	<b>Final exam (50%):</b> Comprehensive final exam to assess students' overall theoretical knowledge. These assessments cover a wider range of topics and learning outcomes from across the curriculum, to assess students' understanding and integration of knowledge in various areas.
Languag e	Greek / English