

Course Title	DIDACTIC OF PHYSICAL EDUCATION IN EDUCATION			
Course Code	SSPEE306-1			
Course Type	MANDATORY			
Level	BSc (Level 1)			
Year / Semester	3rd / Spring			
Teacher's Name	Dr Panos Constantinides & Dr. Garifallos Anagnostou			
ECTS	6	Lectures / week	6	Laboratories / week / -
Course Purpose	The aim of the course is to provide students with the necessary knowledge and skills to enable them to effectively teach Physical Education in preschool, primary, and secondary education, through lectures, discussions, flipped classrooms, case studies, short video watching, personal experiences, research data analysis and microteaching.			
Learning Outcomes	<p>Upon completion of the course, students will be able to:</p> <ol style="list-style-type: none"> 1. Know the syllabus, guidelines, and objectives of the curriculum for Physical Education in pre-primary, primary, and secondary education. 2. Analyze the factors that contribute to the creation and maintenance of positive attitudes towards Physical Education at all levels of education. 3. Describe the characteristics of an effective physical education teacher in pre-primary, primary and secondary education and analyze those factors that contribute to the creation of an effective learning environment. 4. Analyze the stages and criteria for learning motor and sports skills, identify the types of programming and prepare effective daily lesson plans. 5. Analyze the methods and teaching styles in Physical Education and evaluate the factors that contribute to the effective teaching of the subject. 6. Know and apply various ways of evaluating and evaluating the objectives of the Physical Education lesson. 7. Know the types of programming and apply the timetable school program, depending on the level of education. 8. Explain and apply the factors of effective organization and administration of the class. 			

	<p>9. Evaluate their teaching (reflection) for self-improvement purposes.</p> <p>10. Apply a variety of problem-solving practices during duration of the course.</p> <p>11. Analyze and evaluate pedagogical information and knowledge for development of critical thinking.</p> <p>12. Use research data for continuous improvement of teaching them.</p> <p>13. Teach the subject of Physical Education at any level of education (pre-primary/primary/secondary) after appropriate preparation (preparation of a lesson plan) and taking into account the school environment and its data.</p>		
Prerequisites	No	Corequisites	No
Course Content	<ol style="list-style-type: none"> 1. Curriculum and objectives of Physical Education in pre-primary, primary and secondary education. 2. Formation of positive attitudes, interests and motivation towards school Physical Education and extracurricular physical activity. 3. Characteristics of an effective physical education teacher and organization of an effective learning environment. 4. Forms of effective organization and administration of the classroom. Dealing with deviant forms of behavior. Behavioral protocols. 5. Routines in Physical Education. 6. Stages and criteria for learning motor skills. Process of learning motor skills. The role of feedback in skills learning. 7. Methods and styles of teaching in Physical Education. Presentation of research data. 8. Factors of effective teaching of Physical Education. 9. Long-term, medium-term, and short-term planning in Physical Education lessons. Create a daily, quarterly, and annual schedule. 10. Moral and emotional development in Physical Education. 11. Assessment and grading in Physical Education. 12. Intersectionality and Physical Education. 		
Teaching Methodology	Theory		

	<p>The teaching methods of the course include a Flipped classroom, lectures using PowerPoint carried out with the help of electronic presentations, case studies, experiential workshops, microteaching, short video watching, class discussion, study, and literature research. Lecture notes, presentations and other research-related material are available for use by students through the e-learning platform.</p>
<p>Bibliography</p>	<p>Ντάνης, Α. (2018). Οδηγός εφαρμογής της Φυσικής Αγωγής στο σχολείο (δημοτικό, γυμνάσιο, λύκειο) – E-book.</p> <p>Κοτζαμανίδης, Χ. (2020). Παιδί, προπόνηση, υγεία. Εκδόσεις Α/φοί Κυριακίδη. – E-book.</p> <p>Τσορμπατζούδης, Χ. (2016). Εισαγωγή στη διδασκαλία της Φυσικής Αγωγής στο σύγχρονο σχολείο. Θεσσαλονίκη: ΖΥΓΟΣ.</p> <p>Κωνσταντινίδης, Π. (2009). Η Διδακτική της Φυσικής Αγωγής - Προσχολική Ηλικία, Λευκωσία: Καντζηλάρης.</p> <p>Γεροδήμος, Β., Πέρκος, Σ., Τσιμέας, Π., Κρομμύδας, Χ., Καρατράντου, Κ., & Ιωακείμης, Π. (2020). Η Διδασκαλία της Καλαθοσφαίρισης στις Αναπτυξιακές Ηλικίες. Θεσσαλονίκη : Εκδόσεις Κυριακίδη</p> <p>Γούδας, Μ., Γεροδήμος, Β., Παπαχαρίσης, Β., & Χασάνδρα, Μ. (2006). Φυσική Αγωγή Α' Γυμνασίου - Βιβλίο Εκπαιδευτικού. Αθήνα: Οργανισμός Εκδόσεων Διδακτικών Βιβλίων.</p> <p>Διγγελίδης Ν. (2006). Το φάσμα των μεθόδων διδασκαλίας στη φυσική αγωγή: από τη θεωρία στην πράξη. Θεσσαλονίκη: Εκδόσεις Χριστοδουλίδη.</p> <p>Διγγελίδης, Ν. (2016). Για ένα ενδιαφέρον μάθημα Φυσικής Αγωγής στο δημοτικό σχολείο. Θεσσαλονίκη: Α/φοί Κυριακίδη.</p> <p>AAHPERD, (2020). Physical Education for lifelong fitness. The physical best teacher's guide (3rd ed.). Human Kinetics.</p> <p>Χατζόπουλος, Δ. (2012). Διδακτική Φυσικής Αγωγής. Θεσσαλονίκη: ΠΑΜΑΚ. Παπαιωάννου, Α., Διγγελίδης, Ν., Κούλλη, Ο., Μηλώσης, Δ., & Χριστοδουλίδης, Τ. (2017). Η Φυσική Αγωγή στην αρχή του 21ου αιώνα – Σκοποί, στόχοι, επιδιώξεις στην Β' Βάθμια Εκπαίδευση. Θεσσαλονίκη: Εκδόσεις Χριστοδουλίδη.</p> <p>Δέρρη, Β. (2007). Η Φυσική Αγωγή στην Αρχή του 21ου Αιώνα. Σκοποί-Στόχοι-Επιδιώξεις στην Α' Βάθμια Εκπαίδευση. Θεσσαλονίκη: Εκδόσεις Χριστοδουλίδη.</p>

Υπουργείο Παιδείας και Πολιτισμού, (2009). Νέα Αναλυτικά Προγράμματα στην Εκπαίδευση, Λευκωσία: Υπηρεσία Ανάπτυξης Προγραμμάτων.

Pangrazi, R.P. (2004). *Dynamic Physical Education for Elementary School Children* (14th ed.). Pearson-Benjamin Cummings.

Rink, J. E. (2002). *Teaching Physical Education for Learning*. New York: McGraw-Hill.

Silverman, S. & Ennis, C. (2003). *Student Learning in Physical Education*. Champaign, Illinois: Human Kinetics.

Hastie, P. (2003). *Teaching for lifetime physical activity through quality high school physical education*. San Francisco, California: Benjamin Cummings.

Mosston & Ashworth (2008). *Teaching physical education* (online edition).

Electronic Resources

http://photodentro.edu.gr/aggregator/search/all/field_cl_discipline/2545

References:

- Constantinides, P., Montalvo, R., & Silverman, S. (2013). Teaching processes in elementary physical education classes taught by specialists and nonspecialists. *Teaching & Teacher Education*, 36, 68- 76.
- P. Constantinides (2013). Perceptions of elementary obese students about their experiences in physical education. *Physical Education & Sport*, 32(3), 89-132.
- P. Constantinides & S. Silverman (2018). Cypriot elementary students' attitudes toward physical education. *Journal of Teaching in Physical Education*, 37, 69-77.
- Constantinides, P. (2020). Increase in elementary students' physical activity levels: The use of activity breaks. *IOSR Journal of Sports and Physical Education*, 7(1), 23-30.
- Constantinides, P. (2010). High school students' attitudes towards physical education. *Hellenic Journal of Physical Education & Sport*, 30 (3), 232-245.

Assessment	<p>The evaluation of the course includes continuous evaluation throughout the semester. The continuous assessment consists of the intermediate theoretical examination in the material covered (Physical Education pedagogy), the teaching in Lyceum, Gymnasium and Primary School, the completion of the Portfolio and the systematic participation in the course activities (theoretical and practical), as shown in detail below.</p> <ul style="list-style-type: none"> • Mid-term evaluation/critical thinking (evaluation on the material covered) 20% • Teaching in Lyceum 20% • Teaching in Gymnasium 20% • Primary School Teaching 10% • Successful completion of the 20% Portfolio • Systematic participation 10% <p>(more information can be found in Guide 07.02 of PE Teaching in Education)</p>
Language	Greek / English