

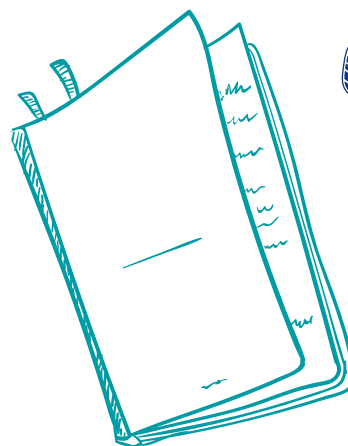
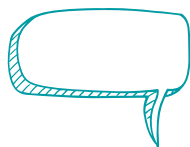
Quick Guide

# University IT Services

for DL students

As a distance learning student, mastering IT services will empower you to navigate your academic journey with ease. Here's a quick guide to help you make the most of the University's available digital tools!

**#TheJourneyToMySuccess**



**Frederick University**

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# 01 Log in to the University's Email

Log in to the Frederick webmail platform at [webmail.frederick.ac.cy](http://webmail.frederick.ac.cy) using the student credentials you received via SMS on your mobile phone.

Enter your student credentials:  
*Username (st0xxxx) & Password*

You will be prompted to change the password you received to a new one of your choice.

Once you change your password, you will gain access to your email.

Using the username you received and your newly defined password, you will also have access to the University's other platforms.



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# 02 Extranet Student Portal

Connect to the "Extranet" Portal to gain access to your personal student account (includes personal examination, timetable, grades, certificate requests and more).

Go to [extranet.frederick.ac.cy](http://extranet.frederick.ac.cy)

Enter your student credentials:  
*Username (st0xxxx) & Password*

Connect to the following link or scan the QR code and follow the instructions:  
<https://guides.frederick.ac.cy/en/portal/extranet/>



*Please Note: Do not forget to check your personal details in the 'status' tab and visit the Reception Desk for any changes by presenting your personal ID card.*

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# 03 Learning Management Platform Lms

Log in to the "LMS" platform to access the materials and resources for each of your courses, submit your assignments, participate in online self-assessment quizzes and midterm exams, and communicate with faculty and fellow students through group forums and chat.

To connect visit [lms.frederick.ac.cy](http://lms.frederick.ac.cy)

Enter your student credentials:  
*Username (st0xxxx) & Password*

Connect to the following link or scan the QR code and follow the instructions:  
<https://guides.frederick.ac.cy/en/platforms/lms/>



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## 04 Examination Platform Exams

To participate in the online final exams each semester, you need to log in to the Exams platform.

Go to [exams.frederick.ac.cy](https://exams.frederick.ac.cy)

Enter your student credentials:  
*Username (st0xxxx) & Password*

Connect to the following link or scan the QR code and follow the instructions:

<https://exams.frederick.ac.cy>



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## 05 The Teleconferencing Platform (ZOOM)

The teleconferencing platform (ZOOM) is used for synchronous teleconferences with faculty members via the LMS platform.

To access the Zoom teleconferences created by your instructor, click on the Zoom activity posted on your course page in the LMS platform.

If you need to create your own Zoom meeting, log in using your student credentials (username & password) on the Zoom platform at <https://zoom.us/signin#/login>



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## 06 Access e-Library using eduVPN

You can access the University's Library Online Resources (Journals & E-books) only by connecting to the University network through EduVPN.

To install "EduVPN" and to access the University E-Library connect to the following link or scan the QR code and follow the instructions:

<https://guides.frederick.ac.cy/en/library/>



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## 07 Download and install Microsoft 365 on your computer

The University offers for free to all registered students the Microsoft 365 suite (including Microsoft Office).

To download and install Microsoft 365 on your personal computer go to [www.office.com](http://www.office.com)

Sign in by entering your student email address (st0xxxx@frederick.ac.cy) and your password. Then, click 'Install apps'.

Connect to the following link or scan the QR code and follow the instructions:

<https://guides.frederick.ac.cy/en/software/office365>



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## 08 Download and install **Frederick Webmail & Lms Platform** on your phone

Connect to the following links or scan the QR code and follow the instructions.

**For the 'Lms Platform'**

<https://guides.frederick.ac.cy/en/mobile/lms/>



**For 'Frederick Webmail'**

<https://guides.frederick.ac.cy/en/mobile/webmail/>



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## 09 Virtual Computer Rooms

Access the University's Computer Labs online and work on a University PC and programs (applications) even when you are not on Campus!

Connect to the following link or scan the QR code and follow the instructions:

<https://vcl.frederick.ac.cy>



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## Need help?

**Log in, with your credentials, to the University's Helpdesk Platform in order to open a ticket.**

**Computing Services Department:**

Helpdesk: <https://helpdesk.frederick.ac.cy>

Email: [dl-support@frederick.ac.cy](mailto:dl-support@frederick.ac.cy)